



July is Recreation and Parks Month

It's July—the kickoff of the summer season. It's time to enjoy what your community offers. Play your favorite sport, visit the outdoors, spend time with family and friends, or just kickback and relax. That's why the National Recreation and Park Association has designated July as Recreation and Parks Month.

The National Recreation and Park Association brings visibility to parks and recreation, and quality sports programs.

Parks, recreation activities, and leisure experiences provide opportunities for young people to live, grow and develop into contributing members of society.

Parks and recreation create lifelines and continues life experiences for older members of our community by generating opportunities for people to come together and experience a sense of community through recreational pursuits.

Park and recreation agencies provide outlets for physical activities, socializations, and stress reducing experiences.

Parks, playgrounds, ball fields, nature trails, open spaces, community and cultural centers, and historic sites make a community attractive and desirable places to live, work, play, and visit to contribute to our ongoing economic vitality.

Parks, greenways, and outdoor space provide a welcome respite from fast paced, high tech lifestyles, while protecting and preserving the natural environment.

Parks and recreation agencies touch the lives of individuals, families, groups, and the entire community, which positively impacts upon the social, economic, health and environmental quality of communities.

July is Recreation and Parks Month. All citizens are encouraged to celebrate by participating in their choice of recreational activities and leisure pursuits.